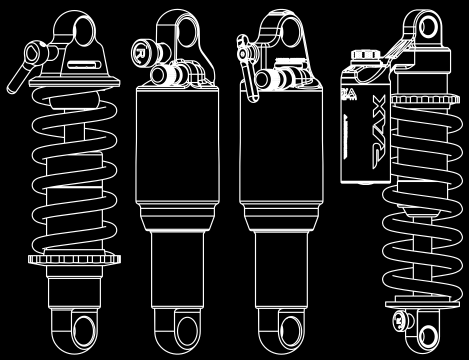
EXA FORM

翼炫風



This user manual vocers all models of :
RAX、588RL、562R、388RL、382RL

本使用手册适用于以下型号:RAX / 588RL / 562R / 388RL / 382RL

更多技术资料,请扫描二维码

Download these instructions and more at: **www.exa-form.com**

MAINTENANCE
保养维护

Your ExaForm Rear Shock requires periodic service to maintain consistent function. This service should be done at the same interval as a drivetrain cleaning. Please see your local dealer to have this service performed. For more information, please contact ExaForm Hi-Tech Co., LTD. www.exa-form.com

Lubrication: It is recommended that the main shaft be lubricated every 25-30 hours of use or after aa long period of non-use.

Cleaning: Use only warm water and a lint-free soft cloth to wipe down. The use of solvents, degreasers, waxes and other chemicals may damage the shock and void the warranty.

您的 ExaForm 后避震器需要定期保养，以维持稳定的性能表现。建议保养周期可与传动系统清洁保养同步进行。请联系当地经销商进行相关维护服务。
更多信息，请联系 ExaForm Hi-Tech Co., LTD. www.exa-form.com

润滑：建议每使用 25–30 小时，或长时间未使用后，对主轴进行润滑保养。

清洁：请仅使用温水与无绒软布擦拭。
使用溶剂、去油剂、蜡类或其他化学清洁剂，可能会损坏避震器并导致保修失效。

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ATTENTION
注意

This product is not suitable for riding styles with an ASTM standard of 5 or higher, such as: extreme gravity downhill/freeride.

本产品不适用于ASTM 5以上骑行方式，例如：
极限重力下坡 (Downhill / Freeride)

WARNING
警告

ExaForm Rear Shocks must be regularly maintained by an authorized ExaFrom Service Center. Service center locations can be found at www.exa-form.com Do not disassemble your rear shock. Disassembly could cause damage and severe personally injury as some of the contents are under pressure. Failure to follow these warnings and instructions will immediately void your warranty.

ExaForm 后避震器必须由授权的 ExaForm 服务中心定期维护。
服务中心信息请参阅：www.exa-form.com
请勿自行拆解后避震器。
由于内部部分组件处于高压状态，错误拆解可能导致产品损坏或严重人身伤害。
若未遵循上述警告与说明，将立即导致保修失效。

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SETTING THE SHOCK PRELOAD and SAG

避震器预载与 SAG 设置

1.Coil Spring Shocks

With the rider off of the bike, push the bottom-out bumper against the shock body end cap. Next the rider should sit on the bike in a resting position.
DO NOT BOUNCE ON THE BIKE.
Then carefully dismount the bike. Now measure the distance between bottom-out bumper and the shock body end cap. This is your sag in millimeters
Turn the spring seat clockwise to increase the preload and reduce sag, and counterclockwise to decrease preload and increase sag. Never exceed 8mm of preload. Over tightening could cause the spring to fail. If sag is still too much after adjusting the preload 8mm, switch to a spring with a higher rate.

1. 弹簧避震器

当骑士未骑乘自行车时，将防撞缓冲胶推至避震器本体端盖处。接着，骑士应以静止骑乘姿势坐在自行车上。

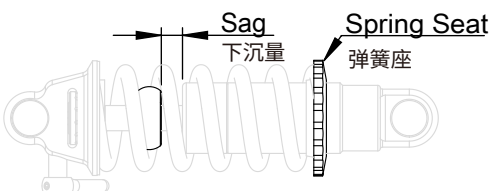
请勿在自行车上弹跳。

然后小心下车。接着测量防撞缓冲胶与避震器本体端盖之间的距离。该距离即为您的 SAG 下沉量（单位：毫米）。

顺时针旋转弹簧座可增加预载并减少 SAG；逆时针旋转则可减少预载并增加 SAG。

预载量请勿超过 8 mm。

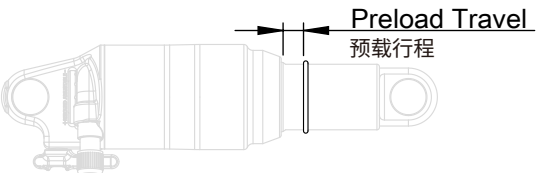
过度锁紧可能导致弹簧损坏。若调整至 8 mm 预载后，SAG 仍然过大，请更换更高磅数的弹簧。



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2. Air Shocks
With the rider off of the bike, push the travel o-ring up against the dust seal. Next the rider should sit on the bike in a resting position. DO NOT BOUNCE ON THE BIKE. Then carefully dismount the bike. Now, measure the distance between the o-ring and the dust seal. This is your sag in millimeters.

2. 空气避震器
当骑士未骑乘自行车时，将行程 O-ring 推至防尘密封圈处。接着，骑士应以静止骑乘姿势坐在自行车上。请勿在自行车上弹跳。然后小心下车。接着测量 O-ring 与防尘密封圈之间的距离。该距离即为您的 SAG 下沉量



To set the pressure for your rear shock, use a compatible shock pump. Remove the valve cap and attach the shock pump according to the pump manufacturers specifications. Kind Shock recommends using the KS AIR-8 pump model for best results.

若要设定后避震器气压，请使用兼容的避震器高压打气筒。
拆下气嘴盖，并依照打气筒制造商说明连接打气筒。
Kind Shock 建议使用 KS AIR-8 打气筒，以获得最佳效果。

Recommedned air pressure is 65-160PSI.
建议气压范围为 65–160 PSI。

DO NOT EXCEED 200psi
请勿超过 200 PSI。

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LOCK OUT
锁定功能

The blue knob controls lockout which stops active shock movement. If rotated clockwise it locks the shock movement for climbing. By rotating it counter clockwise it resumes full movement for descending. See illustration below:

蓝色旋钮用于控制锁定功能，可停止避震器的主动动作。
顺时针旋转时，可锁定避震器动作，适用于爬坡。
逆时针旋转时，可恢复完整避震动作，适用于下坡骑行。
请参考下方示意图：



Locked
锁定



Open
开启

Attention
Do not lockout your shock for descending or jumping. Damage could be caused to your shock or bike's frame.

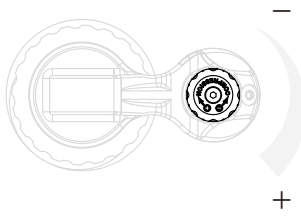
注意
请勿在下坡或跳跃时将避震器设定为锁定状态。否则可能导致避震器或自行车车架损坏。

COMPRESSION DAMPING ADJUSTMENT
压缩阻尼调节

The Compression damping regulates is useful to control suspension performance under significant changes in terrain and is intended to be adjusted throughout the ride. You can use the OPEN mode during rough terrain and the the FIRM mode for smooth surfaces. Selecting any position between Open and Firm can be used according to the rider's preference for intermediate conditions.
the rider's preference for intermediate conditions.

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压缩阻尼调节可在不同地形变化下控制避震性能，并设计为可在骑行过程中进行调节。您可在粗糙地形时使用 − 模式，在平坦路面时使用 + 模式。骑士也可根据个人偏好，在 + 与 − 之间选择任意位置进行调整。



REBOUND DAMPING ADJUSTMENT

回弹阻尼调节

Use the rebound adjuster knob to fine tune the return speed(rebound damping) of your ExaForm shock. Turn the adjuster clockwise to slow down return speed and counter-clockwise to speed up return speed.

使用回弹调节旋钮，可微调 ExaForm 避震器的回弹速度（回弹阻尼）。顺时针旋转调节旋钮可降低回弹速度；逆时针旋转则可加快回弹速度。



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SCAN FOR
FULL TECHNICAL
DOCUMENTATION

Download these instructions and more at: **www.exa-form.com**

所有ExaForm产品的完整文件均可从以下网址下载：**www.exa-form.com**